

RST RECERTIFICATION GUIDELINES

All RSTs must recertify within the five-year time frame or risk the suspension of the RST certification. This information provides you with an overview of the steps RSTs must take to recertify. The ABSM conducts random audits as part of the recertification process. Cases which may appear to have false or misleading information could result in revocation of the credential.

REQUIREMENTS FOR RECERTIFICATION

1. Applications must be submitted online. Applications are accepted beginning January 1 of the year your certification expires. Applications must be submitted and complete by the date your certification expires.
2. Proof of current certification in Basic Life Support for Healthcare Providers (a copy of your unexpired card must be included in your application).
3. Proof of completion of 50 continuing education credits (CECs) earned since your initial certification submitted via the ABSM website.

OR

Successful completion of the RST examination.
(Note: additional fees apply)

FEES

Recertification Fee	\$50.00
RST Exam <i>(Required if you did not provide proof of 50 continuing education credits)</i>	\$175.00
One-time 90-Day Extension Fee <i>(The 90-Day Extension is only applicable during the 90 days after the expiration of your RST Certification. Applicants must be certified within the 90-day period to avoid suspension.)</i>	\$50.00

CEC INFORMATION AND PROCESS

- To submit proof of completion of 50 continuing education credits:
 1. [Register an account.](#)
 2. Follow the instructions to upload CEC documentation to the website. CECs **must** be uploaded via this website; you may not submit them to the national office.
 3. The actual certificates or credit letters must be uploaded; summary documents WILL NOT be accepted.
- Credit hours from the completion of a sleep-related respiratory, CME, or EEG program and/or certificate obtained can be used for recertification.
- Sleep-related CECs will be accepted from the following organizations:

American Academy of Sleep Medicine (AASM)

American Association of Sleep Technologists (AAST)

American Association of Respiratory Care (AARC)

ASET – The Neurodiagnostic Society

Canadian Sleep Society (CSS)

State Sleep Societies

- CECs submitted from other entities will be reviewed and considered by the credentialing department.